



Flu vaccination

Kids who miss it, may miss a lot more

- School play
- Field trip
- Campout
- Sleepover
- Museum visit
- Sports tryouts
- Formal dance
- Snowball fight
- Debate club
- SAT tests/tutoring
- Gymnastics
- School days

No one wants their child to miss out on special occasions or favorite activities because of the flu.

Facts that parents and guardians should be aware of:

- **Flu is a contagious viral infection** of the respiratory system. Children are most likely to get sick from flu¹
- Flu can cause a **high fever, body aches, sore throat, a cough,** and other symptoms¹
- Most children are ill with the flu for less than a week, but some have more serious symptoms and **may need to be treated in the hospital**²
- Children with **asthma, diabetes, or other health problems** are at **greater risk of developing flu-related complications**¹

Vaccination is the best way to help prevent the flu.¹ Take steps to prevent the flu from interfering with your child's important milestones.

**Help prevent your child from missing out because of the flu.
Talk to your child's doctor or pharmacist about flu vaccination today.**

References: **1.** Centers for Disease Control and Prevention. Key facts about influenza (flu). Reviewed March 22, 2024. Accessed April 15, 2024. <https://www.cdc.gov/flu/about/keyfacts> **2.** Johns Hopkins Medicine. Influenza (flu) in children. Accessed April 29, 2024. <https://www.hopkinsmedicine.org/health/conditions-and-diseases/influenza/influenza-flu-in-children>

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